



The following are our sample Vegan & Vegetarian menu options available throughout our menus in The Rose Hotel

Starters

Chilled Melon

Spiced Apple Gel, Balsamic Strawberries

Fig Salad, Baby Spinach Leaves

Rocket, Toasted Walnuts, Pomegranate Vinaigrette

Beetroot Salad, Seasonal Leaves

*Grilled Oyster Mushrooms, Avocado, Roasted Chestnuts,
Mixed Seeds, Hazelnut Dressing*



Main Courses

Wild Mushroom Risotto

Soft herbs and truffle oil

Lightly Spiced Cous Cous

*Cherry Tomato, Spring Onions, Chargrilled Lemon, Fresh
Mint*

Quinoa Burger

*Portobello Mushroom on a Waterford Bla, Beef Tomato,
baby Gem, Tomato Relish. Served with Chunky Cut Chips
or Large Salad*

Desserts

Baked Apple & Granola Crumble,

Soya Yogurt

Fresh Strawberries

with Lemon Sorbet