



Fáilte Go Dtí Bialann Na Pairce. Go Mbainfidh Tú Taithneamh As Do Bhéile

Good Morning and Welcome To The Park Restaurant

From The Buffet

Fresh fruit cuts

Mandarin orange segments, grapefruit segments, stewed prunes

Selection of whole fruit

Natural & strawberry yogurts, dried fruits, seeds & nuts

From Our Cereal Bar

Selection of: Rice Krispies, cornflakes, muesli, Weetabix, or bran flakes

From Our Gluten Free Counter

Granola, cornflakes, rice kipsies
Gluten free bread

Cold Meat & Fish Selection

Home baked honey and mustard glazed gammon

Mortadella sausage & salami

Daly's smoked mackerel, capers & onions

A selection of Irish and continental cheeses to include, Irish red & white cheddar, French brie, Ballymaloe relish, dried fruits and celery

Bakery Selection

brown soda bread

A selection of raisin Danish, butter croissants & pain au chocolat

White & brown toast

From the Kitchen *The Rose Hotel Full Irish Breakfast*

Grilled Irish bacon, pork sausage, Sasta black and white pudding, grilled tomato, flat cap mushroom and eggs cooked to your liking - fried, poached or scrambled

Grilled Fish Of The Day,

lemon & caper butter

Gluten Free Breakfast,

Grilled Irish bacon, grilled tomato, egg, mushroom, sauté potatoes, sausages

Slow Cooked Porridge,

served with honey & cream

The Mini Rose,

Grilled Irish bacon, egg, sausage and grilled tomato

Brioche French Toast,

Cinnamon sugar, bacon, and maple flavoured syrup

Daly's Smoked Salmon Bagel,

Cream cheese and red onion

Warm Pancakes,

with berry compote and maple flavoured syrup

Or

Plain with lemon and sugar

Belgian Waffles,

Dusted with icing sugar, maple flavoured syrup

Grilled Kippers,

lemon and caper butter