



*Fáilte Go Dtí Bialann Na Pairce. Go Mbainfidh Tú Taithneamh As Do Bhéile
Good Morning & Welcome to The Park Restaurant*

FROM THE BUFFET

Fresh Fruit Cuts (5, 6, 7, 11)

*Mandarin Orange Segments, Grapefruit Segments, Stewed Prunes
Selection of Whole Fruit
Natural & Fruit Yogurts, Dried Fruits, Seeds & Nuts*

A Selection of Cereals (4, 5, 6)

Cornflakes (6 Wheat), Rice Krispies (6 Wheat), Muesli (6 Wheat, Oats), Coco Pops (6 Wheat), Weetabix (6), Granola (6 Wheat)

Cold Meat & Fish Selection (3, 5, 7, 9, 13)

*Home Baked Honey and Mustard Glazed Gammon
Salami & Pastrami
Spillane's Smoked Salmon, Smoked Mackerel, Capers & Onions
A selection of Irish Cheeses*

Bakery Selection (5, 6 Wheat, Oat, 7, 11)

*Brown Soda Bread, Sourdough Bread, Chilli & Cheese Bread
A selection of Raisin Danish, Butter Croissants & Pain au Chocolat
Chocolate & Blueberry Muffins
White & Brown Toast*

FROM THE KITCHEN

The Rose Hotel Full Irish Breakfast

Grilled Irish Bacon, Pork Sausage, Black and White Pudding, Grilled Tomato, Hash Brown, Flat Cap Mushroom and Eggs cooked to your liking - Fried, Poached or Scrambled (5, 6 Rusk, Wheat, Oats, 7, 9, 11)

Brioche French Toast Cinnamon Sugar, Bacon & Maple Flavoured Syrup (6, 7, 11)

Gluten Free Breakfast

Grilled Irish Bacon, Grilled Tomato, Egg, Mushroom, Sauté Potatoes, Sausages, Black & White Pudding (5, 11)

Slow Cooked Porridge served with Honey & Cream (6 Oats)

The Mini Rose Breakfast Grilled Irish Bacon, Egg, Sausage and Grilled Tomato (6 Rusk, 9, 11)

Daly's Smoked Salmon Bagel Cream Cheese and Red Onion (3, 6 Wheat, Rusk, 7, 13)

Warm Pancakes with Berry Compote or Maple Flavoured Syrup or Lemon & Sugar (6 Wheat, 7)

Grilled Fish of the Day Lemon & Caper Butter (3, 7)

Belgian Waffles Dusted with Icing Sugar, Maple Flavoured Syrup (6, 7, 11)

Vegan Spanish Omelette Flat Cap Mushroom, Grilled Tomato, Pepper Salad & Balsamic Glaze (7, 8, 9)

Grilled Kippers Lemon & Caper Butter (3, 7)



All our meat and fish are from locally sourced suppliers where season and conditions allow.

ALLERGEN ADVICE

If you have a food allergy or food intolerance please speak to a member of our staff, who are fully trained in allergy awareness before you order your food and drinks. Please refer to allergen index, where the allergens are listed numerically and presented in that format under each item.

1&2-Shellfish

5-Nuts

8-Soya

11-Egg

3-Fish

6-Wheat

9-Sulphur

12-Celery

4-Peanuts

7-Milk

10-Sesame

13-Mustard

14-Lupins