



Fáilte Go Dtí Bialann Na Pairce. Go Mbainfidh Tú Taithneamh As Do Bhéile
Good Morning And Welcome To The Park Restaurant

FROM THE BUFFET

Fresh Fruit Cuts

Mandarin Orange Segments, Grapefruit Segments, Stewed Prunes.
Selection of Whole Fruit, Natural & Strawberry Yogurts, Dried Fruits, Seeds & Nuts. (5 Nuts, 7)

A Selection of Cereals

Rice Krispies (6 Wheat), Cornflakes (6 Wheat),
Coco Pops (6 Wheat), Muesli (5 Nuts, 6 Wheat, Oats),
Weetabix (6 Wheat), Granola (5 Nuts, 6 Wheat)

Cold Meat & Fish Selection

Home Baked Honey and Mustard Glazed Gammon,
Salami & Pastrami,
Spillane's Smoked Salmon,
Smoked Mackerel, Capers & Onions
(3, 7, 9, 13)

Bakery Selection

Brown Soda Bread,
Sourdough Bread,
Chili & Cheese Bread.
A selection of Raisin Danish,
Butter Croissants & Pain au Chocolat,
Chocolate & Blueberry Muffins.
White & Brown Bread.
(5 Nuts, 6 Wheat, Oat, 7, 11)

A Selection of Irish Cheeses

with Pickles & Olives (7, 9)

FROM THE KITCHEN

The Rose Hotel Full Irish Breakfast

Grilled Irish Bacon, Pork Sausage,
Black and White Pudding, Grilled Tomato,
Hash Brown, Flat Cap Mushroom
and Eggs cooked to your liking - Fried, Poached
or Scrambled (5 Nuts, 6 Rusk, Wheat, Oats, 7, 9, 11)

The Mini Rose Breakfast

Grilled Irish Bacon, Egg, Sausage, Grilled Tomato
(6 Rusk, Wheat, 9, 11)

Gluten Free Full Irish Breakfast

Grilled Irish Bacon, Grilled Tomato, Egg, Mushroom,
Sauté Potatoes, Sausages, Black & White Pudding
(5 Nuts, 7, 11)

Vegan Full Irish Breakfast

Grilled Vegetable Sausage, Hash Brown, Grilled
Tomato, Baked Beans, Flat Cap Mushroom and
Avocado (6 Wheat, 8)

Slow Cooked Porridge

served with Honey (6 Oats)

Brioche French Toast

Cinnamon Sugar, Bacon and Maple
Flavoured Syrup (6 Wheat, 7, 11)

Warm Pancakes

With Berry Compote and Maple
Flavoured Syrup,
or Plain with Lemon and Sugar or Nutella
(5 Nuts, 6 Wheat, 7)

Belgian Waffles

Dusted with Icing Sugar, Maple Flavoured
Syrup (6 Wheat, 7, 11)

Daly's Smoked Salmon Bagel

Cream Cheese and Red Onion
(3, 6 Wheat, 7, 13)

Grilled Kippers

Lemon and Caper Butter (3, 7)

Grilled Fish of the Day

Lemon & Caper Butter (3, 7, 9)



All our meat and fish are from locally sourced suppliers where season and conditions allow.

Allergen advice

If you have a food allergy or food intolerance please speak to a member of our staff, who are fully trained in allergy awareness before you order your food and drinks. Please refer to allergen index, where the allergens are listed numerically and presented in that format under each item.

1&2-Shellfish	3-Fish	4-Peanuts	5-Nuts	6-Wheat	7-Milk
8-Soya	9-Sulphur	10-Sesame	11-Egg	12-Celery	13-Mustard
					14-Lupins